



THE KINETICS STUDY ON 5- FORMYLTETRAHYDROFOLIC ACID DEGRADATION AND 5,10- METHENYLTETRAHYDROFOLIC ACID FORMATION DURING THERMAL AND COMBINED HIGH PRESSURE THERMAL TREATMENTS

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ABSTRACT

The effect of different pH levels (3.4 to 7.0) on 5-formyltetrahydrofolic acid (5-CHOH₄PteGlu) stability during thermal (80-110°C) and high pressure thermal (100-800 MPa/65-70°C) processing was studied. The results showed that (i) the degradation of 5-CHOH₄PteGlu during treatments (in the presence of ascorbic acid) was due to not only oxidation but also a conversion to 5,10-methenyltetrahydrofolic acid (5,10-CH=H₄PteGlu); and (ii) multiple response analysis was successfully applied to describe the kinetics of 5-CHOH₄PteGlu degradation during thermal and/or high pressure processing.

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1 INTRODUCTION

Thermal and high pressure processing can affect the stability of folates. The chemical reactivity of some important folate compounds makes the vitamin vulnerable to degradation during food processing (Forssén *et al.*, 2000). Whereas, 5,10-CH=H₄PteGlu is formed as the degradation product of 5-CHOH₄PteGlu (Hawkes and Vilotta, 1989; Butz *et al.*, 2004). Considerable losses of folates are caused by oxidation which results in biologically inactive forms, namely pABG (Forssén *et al.*, 2000). Evidence shows that folates can be protected towards oxidation by the presence of antioxidants such as vitamin C (Butz *et al.*, 2004; Indrawati *et al.*, 2004). Stralsjö *et al.* (2003) studied the stability of total folate in rosehips after drying and demonstrated a pronounced role of ascorbic acid a protective agent against oxidation. Butz *et al.* (2004) indicated that reducing agents such as ascorbic acid and thiols exert multiple protective

effects on folates through their actions as oxygen scavengers, reducing agents and free radical scavengers.

Considerable losses of folates are primarily caused by oxidation resulting in the formation of biologically inactive forms, namely *p*-aminobenzoyl glutamate (pABG). The studies concerning the kinetic study of 5-CHOH₄PteGlu during temperature and high pressure processing are still limited. It has been observed that 5,10-CH=H₄PteGlu is formed as one of the degradation products of 5-CHOH₄PteGlu (Stokstad and Thenen, 1972).

Firstly, this paper is to describe the effect of pH on the stability of 5-CHOH₄PteGlu in model systems during thermal or high pressure treatments. Secondly, the basic insight (mechanistic and kinetic study) in the effect of ascorbic acid on 5-CHOH₄PteGlu stability during temperature and/or high pressure treatments is generated.

2 MATERIALS AND METHODS

2.1 Experimental set up

Stock solutions of 5-CHOH₄PteGlu (1 mg/mL) were prepared by dissolving 10 mg 5-CHOH₄PteGlu (>95% purity, Schricks Laboratory, Jona, Switzerland) in 10 ml sodium borate solution (50 mM; pH 9.2) and stored at -80°C. The working solution (10 µg/ml) was prepared on the day of use by diluting the 5-CHOH₄PteGlu stock solution in different buffer solutions, i.e. acetate buffer (0.2 M, pH 3.4 and pH 5.0) and phosphate buffer (0.1 M, pH 7.0). All procedures of sample preparation and all treatments were carried out under subdued light by covering samples with aluminum foil. 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu (Schricks Laboratory, Jona, Switzerland) were used as external standards.

2.2 Effect of ascorbic acid

To study the effect of ascorbic acid on 5-CHOH₄PteGlu stability, the working solutions were prepared daily by dissolving 5-CHOH₄PteGlu (10 µg/mL) in the thermostatic acetate buffer (0.2 M, pH 5.0) in presence (0.02%) and absence of ascorbic acid. After sample preparation and prior to thermal and pressure treatments, the solutions were flushed with humidified air (flow rate = 350 cc min⁻¹) for 20 min at 25°C to achieve ≈ 8 ppm (≈ 0.25 mM) oxygen in the samples. All procedures of sample preparation and all treatments were carried out under subdued light by covering samples with aluminum foil, avoided from direct contact with air.

2.3 Thermal treatment

Thermal experiments were performed in an oil bath. The samples were enclosed in glass vials with a rubber septum (800 µl, 30 mm length, 8.2 mm internal diameter, Cleanpack, Belgium). After treatments, the samples were kept in an ice bath to stop further degradation. Subsequently, the residual vitamin concentrations were measured. The blank (C₀) was defined as the concentration of thermally untreated samples.

2.4 Combined high pressure thermal treatment

Isobaric-isothermal treatments were conducted in a multivessel HP apparatus (Resato, Roden, Netherlands). In this study, kinetic experiments were performed in the pressure range from 100 to 800 MPa combined with temperatures in the range from 50 to 70°C. The samples were enclosed in 0.3 mL flexible micro tubes (Elkay, Leuven, Belgium) and brought into the P vessels which had already been equilibrated at the desired temperature. Pressure

was built up slowly using a standardized pressurization rate of about 100 MPa/min to minimize adiabatic heating. After reaching the desired pressure, the individual vessels were closed at the same time. The starting time of the isobaric isothermal experiment (time = 0) is 2 min after reaching the desired pressure. At this moment, the 1st vessel was decompressed and the residual concentration of the corresponding sample was considered as blank (C₀). The other vessels were then decompressed as a function of time. After withdrawal, the samples were cooled in an ice bath and stored in liquid nitrogen until the measurement of the residual vitamin concentration using Reverse Phase HPLC analysis.

2.5 Identification and quantification of folate

A Reverse Phase HPLC (1200 Series Agilent Technology) analysis using a RP-C₁₈ column (Prevail C₁₈, 5µm, 4.6 x 250 mm, Alltech (Grace), Deerfield, IL) and Chemstation software was used to identify and quantify 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu. 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu were detected using a UV/VIS detector respectively at 290 nm and 254 nm. Elution was carried out with a flow rate of 1 mL/min and the injection volume was 100 µL. The column was equilibrated for 4 minutes using phosphate buffer (33 mM, pH 2.1) containing 5% acetonitrile and afterwards, a linear gradient was built up from 5% to 60% acetonitrile within 12 min. In the last step, the column was washed using phosphate buffer (33 mM, pH 2.1) containing 60% acetonitrile for 4 minutes. In this study, 5,10-CH=H₄PteGlu and 5-CHOH₄PteGlu were respectively eluted at a retention time between 11.2-11.6 min and 12.0-12.1 min after injection. The concentrations of 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu were estimated based on the peak area in comparison to the external standard solutions of the same components which are dissolved together in the same working buffer solution. The correlation coefficient (r²) of the standard curve was at least 0.99. The data were analyzed using SAS (USA, 2001) and Athena Visual software (USA, 2007).

2.6 Data analysis

The degradation rate of quality attributes can be described by an nth order kinetic model (equation 1).

$$\frac{dC}{dt} = -kC^n \quad (1)$$

Where *C* is the concentration of the considered quality aspect at time *t*, *k* is the degradation rate

constant, n is the reaction order and t is the treatment time.

Previous studies have shown that the thermal destruction of 5-CHOH₄PteGlu in buffer systems followed first order reaction kinetics in a wide pH range (1 to 12) (Paine-Wilson and Chen, 1979; Barrett and Lund, 1989; Hawkes and Villota, 1989). For a first order reaction ($n = 1$) and under constant intrinsic and extrinsic (e.g. pressure, temperature) conditions, equation 1 was integrated to equation 2.

$$\ln(C) = \ln(C_0) - kt \quad (2)$$

Where C_0 is the initial concentration of the quality aspect, k is the degradation rate constant and t is the treatment time. When the natural logarithm of

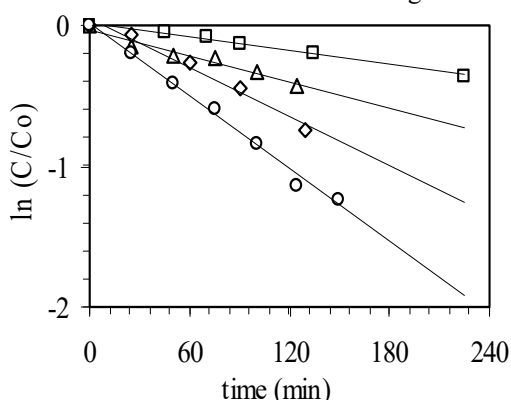


Fig. 1: Logarithm of the ratio of concentration to initial concentration of 5-CHOH₄PteGlu as a function of treatment time [in acetate buffer (0.2 M, pH 5.0) at 80°C (□), 90°C (Δ), 100°C (◇) and 110°C (○)]

The effect of pH on the rate of thermal 5-CHOH₄PteGlu degradation was investigated in different buffer solutions at pH values ranging from 3.4 to 9.2. It was observed that in all cases the thermal degradation of 5-CHOH₄PteGlu could be accurately described by pseudo first order kinetics (Equation 1 and 2) as shown in Figure 2. The thermal stability of 5-CHOH₄PteGlu increased in neutral or mildly alkaline solutions, as the degradation rate constants decreased when pH increased from 3.4 to 9.2. 5-CHOH₄PteGlu was stable for 7 hrs at 80°C and pH ranging from 7 to 9.2, and slightly degraded during heating at higher temperatures. 5-CHOH₄PteGlu was unstable at low pH (Hawkes and Villota, 1989).

3.2 Pressure stability of 5-CHOH₄PteGlu

To investigate the effect of temperature and pressure on 5-CHOH₄PteGlu (10 µg/mL) degradation, acetate buffer (0.2 M, pH 5.0) and phosphate buffer

the residual concentration is plotted as a function of treatment time, the degradation rate constant (k) can be estimated by linear regression analysis (SAS, 2001). The k value is derived from the slope of the regression line.

3 RESULTS AND DISCUSSION

3.1 Temperature stability of 5-CHOH₄PteGlu

Thermal stability of 5-CHOH₄PteGlu was screened at temperatures above 60°C. At all pH values tested, 5-CHOH₄PteGlu showed a high stability at temperatures below 70°C. This vitamin was stable for 6 h at 60°C in the pH range from 3.4 to 9.2. As expected, increasing temperature (above 70°C) enhanced the degradation rate constant (Fig. 1).

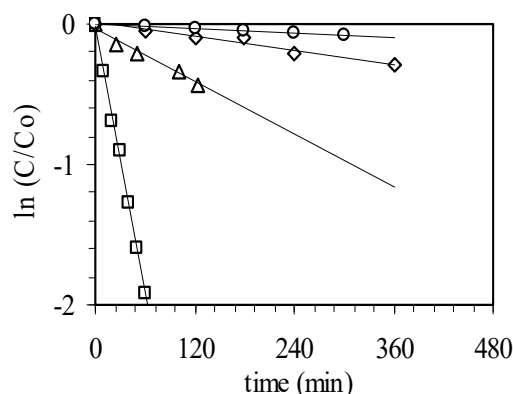


Fig. 2: Logarithm of the ratio of concentration to initial concentration of 5-CHOH₄PteGlu as a function of treatment time [at 90°C in buffer pH 3.4 (□), pH 5.0 (Δ), pH 7.0 (◇), pH 9.2 (○)]

(0.1 M, pH 7.0) were used. The pressure treatments were carried out in a pressure range from 200 MPa to 800 MPa and temperatures from 20 to 75°C. 5-CHOH₄PteGlu in phosphate buffer at pH 7.0 was stable at all pressure and temperature combinations. However, it was degraded in acetate buffer at pH 5.0 and the degradation followed a first order kinetic reaction (Fig. 3). From this figure, one can observe that the stability of 5-CHOH₄PteGlu at pH 5.0 was also dependent on pressure. Figure 4 shows pressure degradation of 5-CHOH₄PteGlu at 60°C and 800 MPa in acetate buffer (0.2 M, pH 5.0) compared to that in phosphate buffer (0.1 M, pH 7.0). Increasing pH from 5 to 7 clearly retards pressure and temperature degradation of 5-CHOH₄PteGlu. After 2 hrs of treatment at 800 MPa and 60°C in phosphate buffer (0.1 M, pH 7.0), only 5% of 5-CHOH₄PteGlu was lost. The concentration of 5-CHOH₄PteGlu at high pH values can be better maintained than at low pH values.

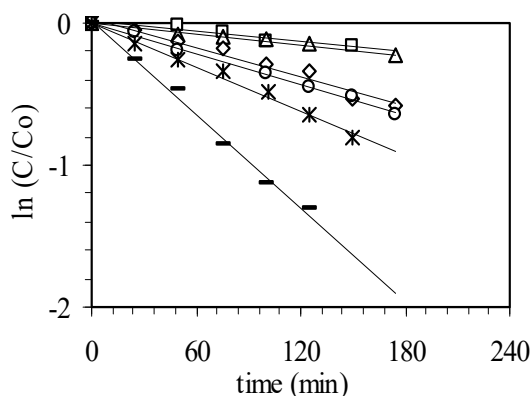


Fig. 3: Logarithm of the ratio of concentration to initial concentration of 5-CHOH₄PteGlu as a function of treatment time [in acetate buffer (0.2 M, pH 5.0) at 200 MPa (□), 300 MPa (Δ), 400 MPa (◇), 500 MPa (○), 600 MPa (*), 800 MPa (-)]

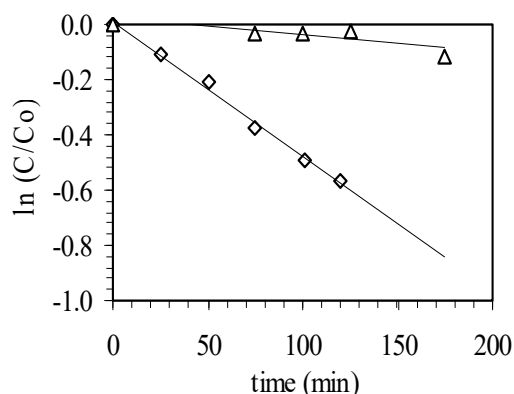


Fig. 4: Logarithm of the ratio of concentration to initial concentration of 5-CHOH₄PteGlu as a function of treatment time [at 800 MPa and 60°C in acetate buffer (0.2 M, pH 5.0) (◇) and phosphate buffer (0.1 M, pH 7.0) (Δ)]

3.3 Effect of ascorbic acid on 5-CHOH₄PteGlu stability during thermal and high pressure thermal treatments

In this study, the effect of ascorbic acid concentration (0.02%) on the stability of 5-CHOH₄PteGlu (10 μg/ml) was investigated in acetate buffer (0.2 M) at a certain pH, namely pH 5.0 and the initial oxygen concentration was also controlled before the treatment (0.25 mM). In presence of ascorbic

acid, on the one hand, the thermal and pressure degradation of 5-CHOH₄PteGlu was highly retarded but on the other hand, the formation of 5,10-CH=H₄PteGlu was induced during thermal and high pressure thermal treatments as observed in Figure 5. The formation of 5,10-CH=H₄PteGlu was clearly observed during thermal treatment and high pressure temperature treatment at extreme pressure temperature combinations (>60°C; >600 MPa).

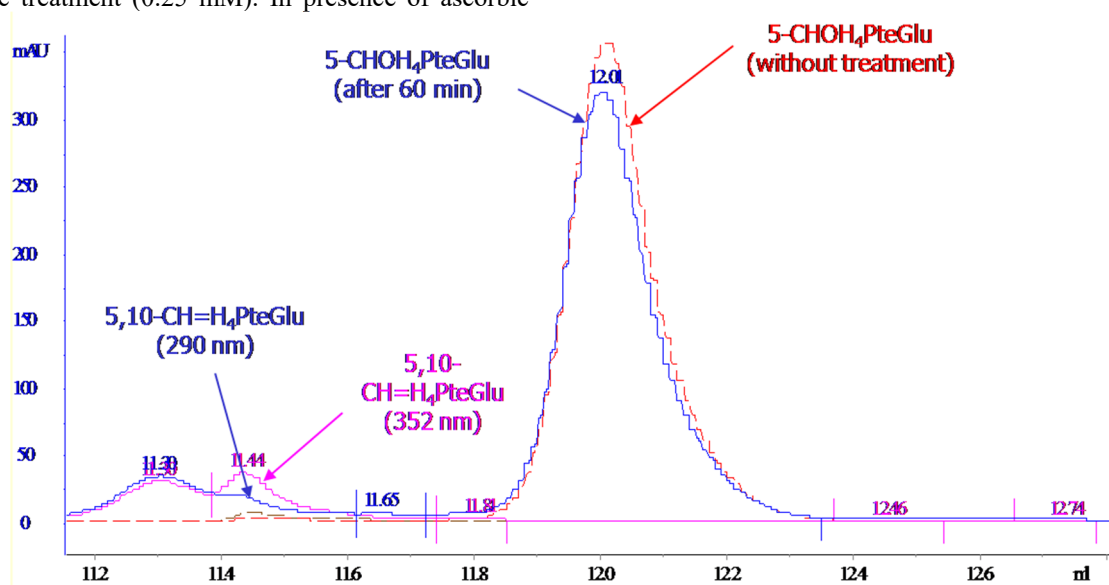


Fig. 5: The conversion of 5-CHOH₄PteGlu to 5,10-CH=H₄PteGlu [5-CHOH₄PteGlu (10 μg/ml) in acetate buffer (0.2 M, pH 5) – T = 90°C, O₂ ~ 0.25 mM]

Furthermore, it was observed that prolonging the treatment time enhanced both the 5-CHOH₄PteGlu degradation and the 5,10-CH=H₄PteGlu formation

(Fig. 6). The formation of 5,10-CH=H₄PteGlu was less than the 5-CHOH₄PteGlu degradation. It can be that 5-CHOH₄PteGlu was not totally converted

to 5,10-CH=H₄PteGlu, but it also gave an indication that a subsequent degradation of 5,10-CH=H₄PteGlu could occur during the treatments. Hereto, it is necessary to gain insight in the mechanism and kinetics of 5-CHOH₄PteGlu stability during thermal and high pressure thermal treatments. Based on these results, it is obvious that the use of ascorbic acid can enhance the conversion of 5-CHOH₄PteGlu to 5,10-CH=H₄PteGlu. Since β -

mercaptoethanol has previously been used for the kinetic study on 5-CHOH₄PteGlu degradation (Nguyen *et al.*, 2003; Nguyen *et al.*, 2006), it is questioned whether β -mercaptoethanol induces the same conversion as ascorbic acid. Hereto, the same experimental set up as described by Nguyen *et al.* (2006) was applied in this investigation and the evolution of 5,10-CH=H₄PteGlu concentration was followed as an additional response.

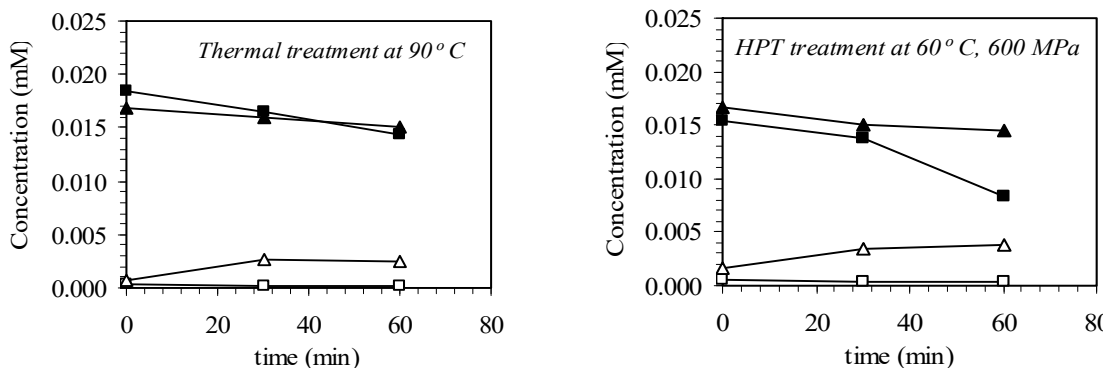


Fig. 6: Concentration of 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu as a function of treatment time [in acetate buffer (0.2 M, pH 5) in absence (■) and presence (▲) of ascorbic acid (0.02%) (closed symbols: 5-CHOH₄PteGlu and open symbols: 5,10-CH=H₄PteGlu)]

The effect of pH on 5-CHOH₄PteGlu stability towards temperature (in the absence and presence of ascorbic acid) was studied. The evolution of the 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu concentration as a function of time was followed under isothermal condition at various temperatures (80-110°C). The formation of 5,10-CH=H₄PteGlu was clearly noticed at pH 3.4 and pH 5.0 and not at pH 7.0. At acidic pH, 5-CHOH₄PteGlu loses one molecule of water to form 5,10-CH=H₄PteGlu due to an increase in electronegativity of the formyl group

at the N₅ position, whereas, increasing the pH (more alkaline) reduces the electronegativity of this group. Consequently, the formation of 5,10-CH=H₄PteGlu is retarded at high pH as observed at pH 7.0. During thermal treatment of 5-CHOH₄PteGlu at pH 3.4 (Fig. 7), 5,10-CH=H₄PteGlu was initially formed and afterwards eliminated (Fig. 8). Increasing temperature enhanced the rate of (i) 5-CHOH₄PteGlu degradation, (ii) 5,10-CH=H₄PteGlu formation, and (iii) 5,10-CH=H₄PteGlu elimination.

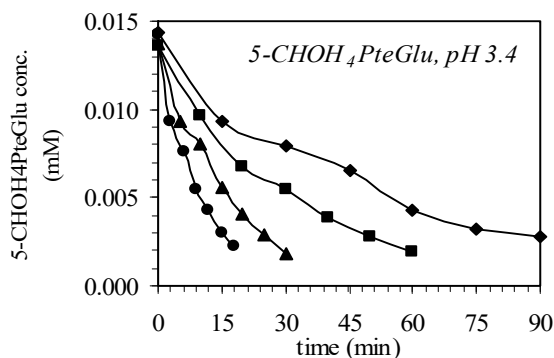


Fig. 7: Concentration of 5-CHOH₄PteGlu as a function of treatment time in buffer pH 3.4, treatment at 80°C (◆), 90°C (■), 100°C (▲), 110°C (●)

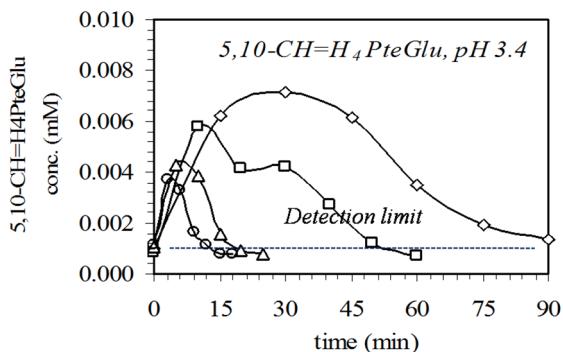
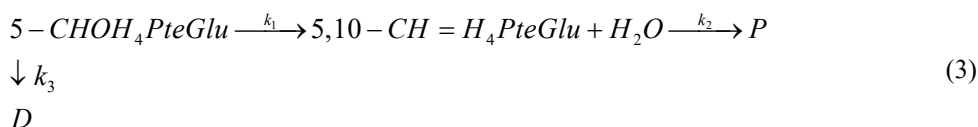


Fig. 8: Concentration of 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu as a function of treatment time in buffer pH 3.4, treatment at 80°C (◇), 90°C (□), 100°C (Δ), 110°C (○)

As reported by some authors (Ndaw *et al.*, 2001; Stanger, 2002), 5- and 10-CHOH₄PteGlu can be

converted to 5,10-CH=H₄PteGlu, 5,10-methylene-THF and in irreversible way, to 5-methyl-THF.

The formation of 5,10-CH=H₄PteGlu can be explained by the loss of water molecule of 5-CHOH₄PteGlu and this reaction was induced by increasing temperature. In this study, it was also noticed that the concentration of 5,10-CH=H₄PteGlu formed was less than the concentration of 5-CHOH₄PteGlu degraded.



In this reaction, k_1 is the rate constant of the conversion of 5-CHOH₄PteGlu to 5,10-CH=H₄PteGlu, k_2 is the degradation rate constant of 5,10-CH=H₄PteGlu, k_3 is the rate constant for oxidation

3.4 The mechanism of 5-CHOH₄PteGlu degradation and 5,10-CH=H₄PteGlu information

Next to the 5-CHOH₄PteGlu conversion to 5,10-CH=H₄PteGlu, oxidation may also contribute to the 5-CHOH₄PteGlu degradation. Based on these evidences, the reaction pathway described in equation 1 is postulated to describe 5-CHOH₄PteGlu degradation during thermal treatment.

of 5-CHOH₄PteGlu, P presents the degradation product(s) of 5,10-CH=H₄PteGlu and D presents the oxidation product(s) of 5-CHOH₄PteGlu.

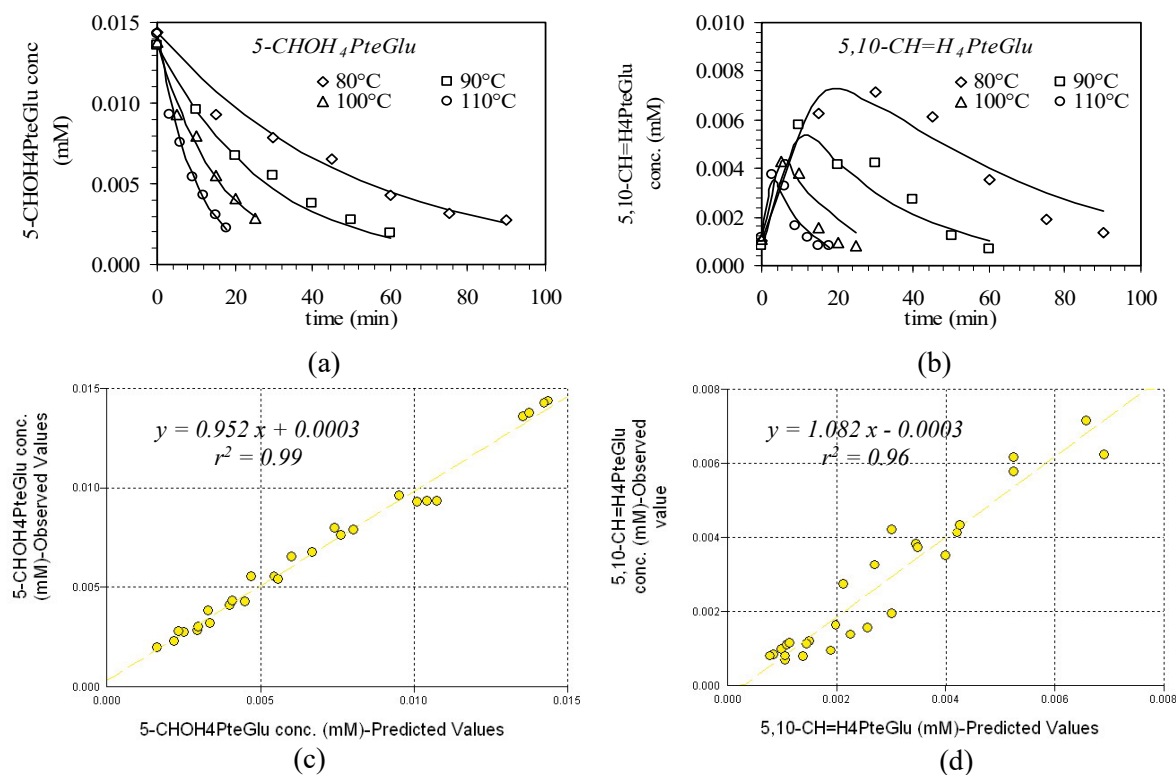


Fig. 9: (a and b): Folate concentration as a function of treatment time, symbols: experimental values, solid lines from model fitting of equation 1, (c and d): the correlation between the experimentally determined concentration values and the estimated concentration values of 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu

To validate the hypothesized mechanism of 5-CHOH₄PteGlu degradation (equation 3), multiresponse modelling was carried out using Athena Visual software. From Figure 9, it can be seen that (i) the quality of model fitting to the experimentally observed data of 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu is quite good, (ii) the relation be-

tween the experimentally observed data and the data predicted based on the suggested reaction pathway (equation 3) has a high correlation (≥ 0.96).

The estimated kinetic parameters for 5-CHOH₄PteGlu oxidation, the conversion of 5-CHOH₄PteGlu to 5,10-CH=H₄PteGlu and for the

elimination of 5,10-CH=H₄PteGlu are summarized in Table 1.

Table 1: Kinetic parameters for thermal degradation of 5-CHOH₄PteGlu in acetate buffer (0.2 M, pH 3.4) at a T_{ref} of 90°C

Reaction	Estimated kinetic parameters	
<i>5-CHOH₄PteGlu → 5,10-CH=H₄PteGlu</i>		
	<i>k_{ref1}(x10⁻³) (min⁻¹)</i>	<i>E_{a1} (kJ/mol)</i>
	2.26 ± 1.02*	22.10 ± 0.67
<i>5,10-CH=H₄PteGlu → other compounds</i>		
	<i>k_{ref2}(x10⁻³) (min⁻¹)</i>	<i>E_{a2} (kJ/mol)</i>
	0.46 ± 0.33	34.48 ± 3.04
<i>5-CHOH₄PteGlu → other compounds</i>		
	<i>k_{ref3}(x10⁻³) (min⁻¹)</i>	<i>E_{a3} (kJ/mol)</i>
	2.07 ± 1.06	20.61 ± nd

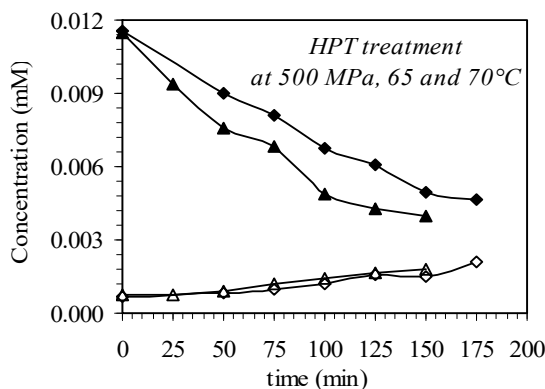
*Standard error of the estimated value, nd: not determined

The k -values at reference T (90°C) for 5-CHOH₄PteGlu degradation to component D (k_{ref3} value) and for 5-CHOH₄PteGlu conversion to 5,10-CH=H₄PteGlu (k_{ref1} value) are of similar magnitude. Both 5-CHOH₄PteGlu degradation to component D and 5-CHOH₄PteGlu conversion to 5,10-CH=H₄PteGlu occurred faster as compared to the

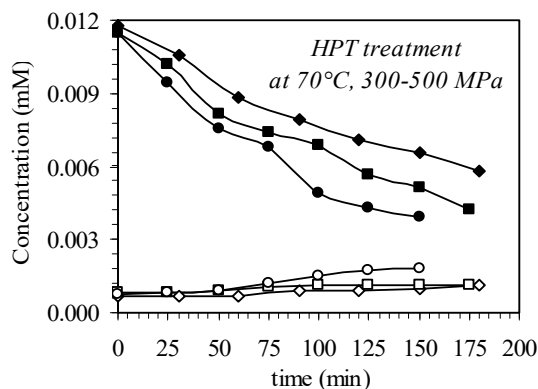
elimination of 5,10-CH=H₄PteGlu. With regard to the T dependency of the rate constant (i.e. E_a value), the reaction rate constant of 5,10-CH=H₄PteGlu elimination is more sensitive towards T than both the conversion of 5-CHOH₄PteGlu to 5,10-CH=H₄PteGlu and 5-CHOH₄PteGlu oxidative degradation.

However, the latter conclusion must be further validated as the E_a value for the 5-CHOH₄PteGlu oxidative degradation was not properly estimated, probably due to the limited information that can be deduced from the data set available for this reaction pathway. Therefore, to improve and/or better validate the proposed reaction pathways, other response parameters such as oxidation products of 5-CHOH₄PteGlu degradation might be needed.

Based on the results obtained from the multi-response analysis, it is concluded that the suggested reaction pathway (equation 3) can describe the 5-CHOH₄PteGlu degradation during thermal treatment at atmospheric pressure. Therefore, it is questioned whether the 5-CHOH₄PteGlu degradation during high pressure thermal treatment also follows the same reaction pathway.



(a)



(b)

Fig. 10: Concentration of 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu as a function of treatment time [in acetate buffer (0.2 M, pH 5.0), (a) at 500 MPa combined with 65°C (♦) and 70°C (▲) and (b) at 70°C combined with 300 MPa (◆), 400 MPa (■) and 500 MPa (●) (closed symbols: 5-CHOH₄PteGlu and open symbols: 5,10-CH=H₄PteGlu)]

In this investigation, pressure degradation of 5-CHOH₄PteGlu under isobaric isothermal conditions was studied at pH 5.0 as previously carried out by Nguyen *et al.* (2006). The evolution of two response parameters, namely 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu concentrations was followed as a function of time. Figure 10 illustrates the evolution of both responses during HP-T treatments at constant P (i.e. 500 MPa) combined with different

T (i.e. 65 and 70°C) and at constant T (i.e. 70°C) combined with various P levels (i.e. 300-500 MPa). As during pressure treatment, the elimination of 5,10-CH=H₄PteGlu was not noticed, only the reaction pathways of 5-CHOH₄PteGlu degradation to component D and the 5-CHOH₄PteGlu conversion to 5,10-CH=H₄PteGlu are considered in the multi-response analysis.

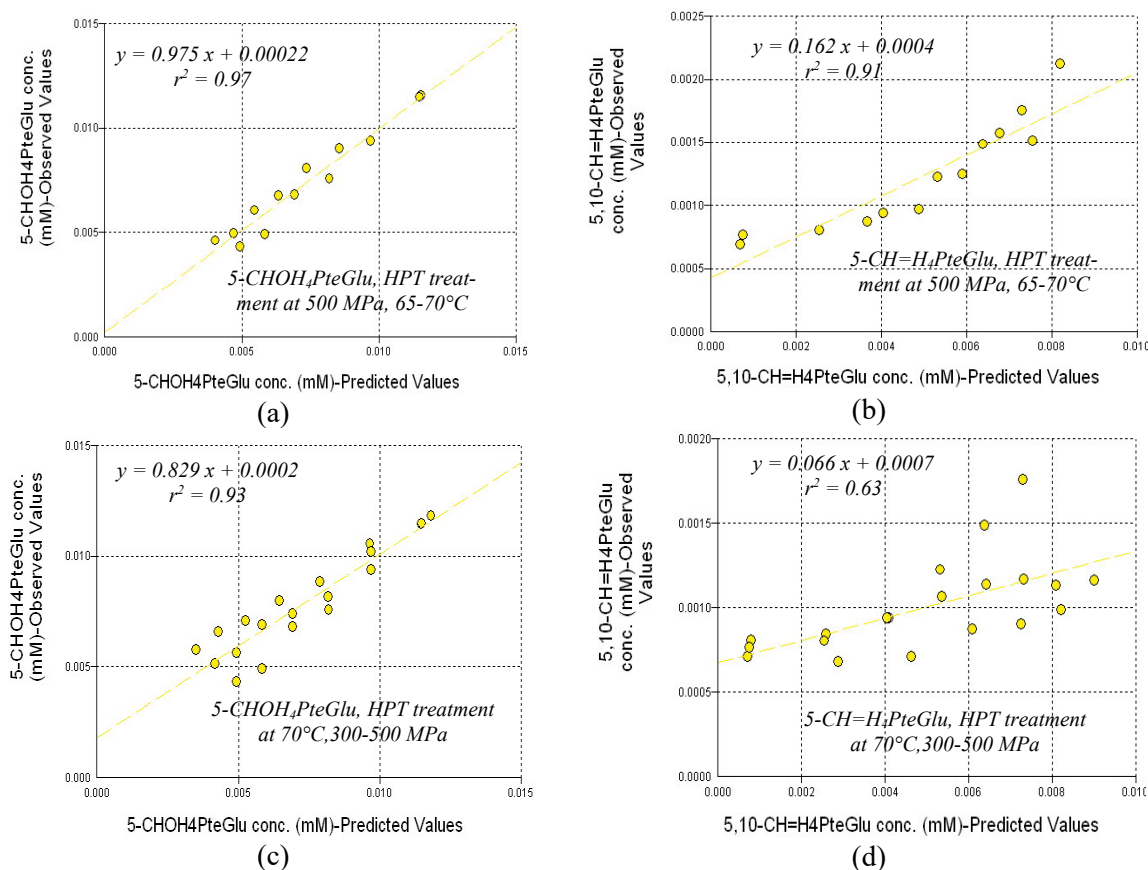


Fig. 11: Correlation between the experimentally determined concentration values and the concentration values estimated of (a) 5-CHOH₄PteGlu and (b) 5,10-CH=H₄PteGlu, at 500 MPa combined with 65°C and 70°C; (c) 5-CHOH₄PteGlu and (d) 5,10-CH=H₄PteGlu, at 70°C combined with 300 MPa-500 MPa in acetate buffer (0.2 M, pH 5.0)

As can be seen in Figure 11 the model fits the experimentally obtained 5-CHOH₄PteGlu data rather well but it overestimates the 5,10-CH=H₄PteGlu. The relation between experimentally observed value of both responses (i.e. 5-CHOH₄PteGlu and 5,10-CH=H₄PteGlu) and predicted value has a low correlation (in case of Figure 11d).

Based on the results obtained, it could not be concluded that the degradation reaction pathway of 5-CHOH₄PteGlu during pressure treatment is different from thermal treatment at atmospheric pressure. For pressure experiments, the folate concentration after equilibration time (2 min after pressure build up) is considered as C_0 (folate concentration at time = 0 under isobaric isothermal condition). Under P, the reaction rate constants for each reaction pathway could also have different combined P-T dependencies and during pressure build up, different reactions might have already occurred to different extents. Consequently, the folate concentration after 2 min equilibration time might not correspond to the C_0 for all reaction pathways.

Since the vitamin degradation has a complex pathway, modeling using multiresponse analysis can be useful to understand the mechanism and kinetics of vitamin degradation. It might be needed to monitor the pressure/temperature/time history during treatment. To allow an adequate study on the mechanism of vitamin degradation under pressure *e.g.* using multiresponse analysis, the experimental set up to achieve isobaric isothermal conditions and the identification/quantification of the breakdown products must be further investigated.

To have an idea about the effect of pressure and temperature on 5-CHOH₄PteGlu degradation and 5,10-CH=H₄PteGlu formation using the current experimental set up, apparent k values were estimated using pseudo first order reaction. Table 2 summarizes the apparent k values of 5-CHOH₄PteGlu degradation and the 5,10-CH=H₄PteGlu formation. It is clear that the rate of both reactions increased with elevating pressure at constant temperature.

Table 2: Apparent k -values ($\times 10^{-2} \text{ min}^{-1}$) for the degradation of 5-CHOH₄PteGlu (10 $\mu\text{g/mL} \approx 0.021 \text{ mM}$) and the formation of 5,10-CH=H₄PteGlu in acetate buffer (0.2 M, pH 5.0) at different pressure and temperature combinations

P (MPa)/T (°C)	5-CHOH ₄ PteGlu degradation	5,10-CH=H ₄ PteGlu formation
300/70	$0.40 \pm 0.02^*$ $r^2 = 0.99$	0.29 ± 0.03 $r^2 = 0.91$
400/70	0.45 ± 0.02 $r^2 = 0.98$	0.22 ± 0.04 $r^2 = 0.97$
500/70	0.79 ± 0.05 $r^2 = 0.99$	0.72 ± 0.06 $r^2 = 0.97$
600/65	0.83 ± 0.03 $r^2 = 0.99$	0.62 ± 0.07 $r^2 = 0.94$
800/65	1.20 ± 0.03 $r^2 = 0.99$	0.91 ± 0.09 $r^2 = 0.95$

*Standard error of regression analysis

4 CONCLUSION

Vitamin degradation may follow a complex pathway and multiresponse analysis can be useful to understand the mechanism and kinetics of vitamin degradation during food processing. Detailed further investigations in identification and quantification of breakdown products are required for detailed insight in the reaction mechanism involved. This study has clearly shown that (i) antioxidants do not only increase the stability of 5-CHOH₄PteGlu but also enhance the conversion of 5-CHOH₄PteGlu to 5,10-CH=H₄PteGlu either at atmospheric pressure combined with high temperatures ($>90^\circ\text{C}$) or at high pressure combined with high temperatures ($P>300 \text{ MPa}$, $T>60^\circ\text{C}$), and (ii) both 5-CHOH₄PteGlu degradation and 5,10-CH=H₄PteGlu formation are also enhanced by decreasing pH. This finding implies that hot extraction and adding high concentrations of antioxidants during folate extraction do not only mislead the identification of 5,10-CH=H₄PteGlu but also underestimate the quantification of 5-CHOH₄PteGlu in food products. Moreover, the hypothesized mechanism and the kinetic information obtained in this study may contribute to a better understanding of the temperature and pressure stability of 5-CHOH₄PteGlu in antioxidant-rich food products such as in fruit juices.

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